

Black Fox Wrestling Academy Athlete Code of Conduct

Black Fox Wrestling Academy is committed to providing a sport environment which is athlete-centered and which is characterized by open, clear communication, honesty, fairness, and mutual respect. Being a member of the Black Fox Wrestling Academy has many benefits and privileges. At the same time, athletes, coaches, and parents are expected to fulfill certain responsibilities and obligations including complying with all team policies, rules and regulations.

ATHLETE'S BEHAVIOR

All Black Fox Wrestling Academy athletes have the responsibility to demonstrate a high class of behavior on and off the mat. Listen, obey and respect coaches' rules and expectations. A coach cannot be with the athletes at all times, so it is expected that common sense and good judgment will prevail. If the code of conduct is not followed, the athlete's coach will decide on the consequences, from benching to recommending dismissal from the program.

The following code of conduct identifies the standard of behavior, which is expected of all SOT Academy athletes. Any athlete who fails to meet this standard will be subject to the disciplinary actions. Athletes are expected to comply with the following.

- *Wrestlers will make every effort to attend practices and events regularly and punctually.*
- *Wrestlers will notify Coach Morris, before **2pm** if they will be missing practice.*
- *Wrestlers who miss practice with no communication will be subject to disciplinary action*
- *Notify your coach of any planned absence (in a timely fashion) with an explanation as to why.*
- *Cooperate fully with coaches and chaperones.*
- *Respect the properties and facilities involved in ALL areas associated with wrestling including equipment, school gym, other athletes' property, and away tournaments.*
- *Theft or vandalism will not be tolerated.*
- *Avoid any abusive action, or conduct, or language in relation to other athletes, coaches, parents, or game officials -- demonstrate good sportsmanship at all times.*
- *Observe the regulations and curfews established by your coach.*
- *Do not leave designated areas during tournaments or practices.*
- *Stay with your teammates and seek permission from your coach if you leave the competition area.*

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SOCIAL MEDIA

As we are in the age of social media and it is important for all our athletes to understand the positives and negatives associated with it. Many college coaches follow kids on social media and if not managed well, can shut down paths for your future. By following some of the easy steps below you can stay out of trouble

- *You recognize that the public may view all online submissions.*
- *Keep all comments clean and do not defame, abuse, harass, stalk, threaten or violate the privacy of others.*
- *Do not impersonate any other person or misrepresent who you are or your affiliation.*
- *You are solely responsible for any liability, loss or damage that results from content submitted by you or through your account.*
- *Do not violate the law or encourage illegal activities.*

DISCIPLINARY ACTIONS

Procedures for dealing with infractions shall be determined by the coaching staff and administration. The athlete being disciplined will be informed of the nature of the infraction.

Examples of Infractions but not limited to:

- *A single or repeated incident of disrespectful, offensive, abusive, racist or sexist comments or behavior directed towards others (peers, opponents, athletes, coaches officials, spectators etc.)*
- *Unsportsmanlike conduct such as angry outbursts or arguing.*
- *A single or repeated incident of being late or absent from events or activities at which attendance is required without reason*
- *A single or repeated incident of curfew violations.*
- *A single or repeated outburst towards an official, coach, or athlete*
- *Activities or behaviors which interfere with competition or with any athlete's preparations for competition.*
- *Pranks, jokes, fighting, hazing or other activities that endanger the safety of others.*
- *Consumption of alcohol or illegal drugs.*

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Date: _____

Athlete's Name (printed): _____

Athlete's Signature: _____

Parent/Guardian Signature: _____